

Free Flow Painting: The Art of Letting Go



**Saturday, March 11
9:00 AM -5:00 PM**

- * Detach from your inner critic and negative emotions
- * Release negative self-talk or fearful fantasies
- * Feel the freedom as you express your natural flow
- * Experience your intuition, joy & well-being
- * Come alive to a positive vision of your future!

With Dr. Jane Goldberg and Dr. Yvette Lyons

Location: Live Your Art Studio 3125 Tiger Run Ct. #101 Carlsbad

Cost: \$185 - includes all art materials & snacks (7 ceus available)

Call: 760-805-5556 to reserve your space